

WHAT IS VIRCAN?

VIRCAN is a structured academic-community partnership that will address issues throughout the care of viral hepatitis, *from diagnosis to treatment to cure*.

Based out of the Toronto Centre for Liver Disease (TCLD), one of the largest liver units in North America, the VIRCAN team looks forward to demonstrating how viral hepatitis screening and treatment should be optimized in other urban settings across Canada, and around the world.

VIRCAN CLINICS ARE:



COMPREHENSIVE IN CARE

1 to 1 service, health education and promotion in communities across the GTA



ACCESSIBLE

Eliminates systemic barriers to full participation



CLIENT AND COMMUNITY FOCUSED

The needs of those groups and individuals are of primary importance



INTEGRATING SERVICES

VIRCAN Clinics will have strong connections with health system and community partners



MULTIDISCIPLINARY APPROACH

VIRCAN team will work in collaborative practice to address the health needs of their clients

LOCATIONS



1. TORONTO CENTRE FOR LIVER DISEASE

Toronto General Hospital
200 Elizabeth Street
Toronto, ON M5G 2C4
T. 416 340 4186
F. 416 340 4819

2. ETOBICOKE LIVER CLINIC

817 Brown's Line
Toronto, ON M8W 3V7
(Brown's Line & Evans Ave.)
T. 416 503 2626
F. 416 503 2665

3. RICHMOND HILL LIVER CLINIC

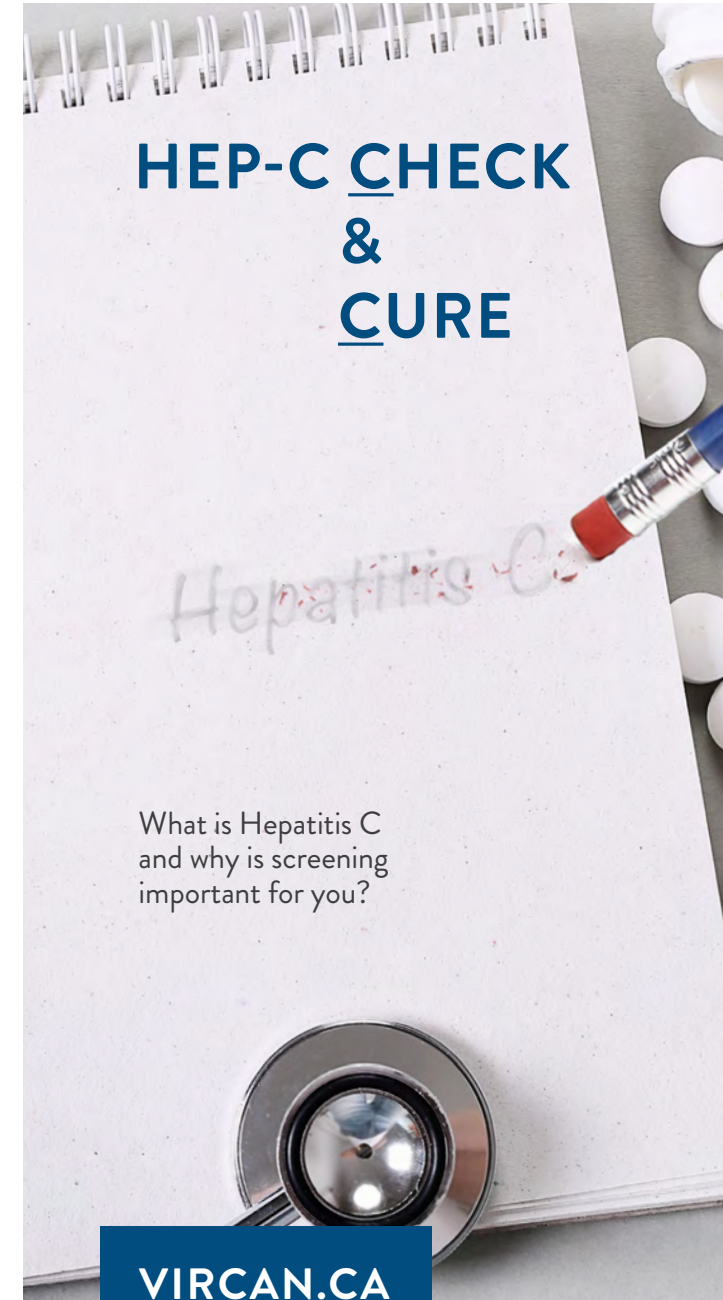
328 Highway 7 E., Suite 301
Richmond Hill, ON L4B 3P7
(Bayview Ave. & Hwy 7)
T. 905 771 8821
F. 905 771 8481

4. SCARBOROUGH LIVER CLINIC

3030 Lawrence Ave E., Suite 510
Toronto, ON M1P 2T7
(McCowan Rd. & Lawrence Ave. E)
T. 416 431 4402
F. 416 431 0762

5. TORONTO MIDTOWN LIVER CLINIC

1975 Avenue Rd., 2nd Fl.
Toronto, ON M5M 4A3
(Avenue Rd. & Wilson Ave.)
T. 416 922 6022
F. 416 927 9100



HEP-C CHECK & CURE

What is Hepatitis C
and why is screening
important for you?

VIRCAN.CA

HEPATITIS C FACTS

MORE THAN **700 000** PEOPLE DIE EVERY YEAR DUE TO COMPLICATIONS OF HEPATITIS C¹



150 MILLION PEOPLE WORLDWIDE ARE CHRONICALLY INFECTED²



OVER **150 000** PEOPLE IN ONTARIO INCLUDING THE GREATER TORONTO AREA LIVE WITH CHRONIC HEPATITIS C



WHAT IS HEPATITIS C?

- Viral infection of the liver
- Can cause acute and chronic infection
- Often no symptoms (“silent disease”)
- More than 40% don’t know they have it³
- Chronic Hepatitis C is the leading cause of liver cancer and liver transplants in Canada⁴

HOW IS HEPATITIS C SPREAD?

- Sharing infected needles or straws when using drugs
- Blood transfusion
- Needle stick injury
- Nonsterile tattooing and body piercing equipment
- Mother with HCV to child during birth
- Unprotected sex

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WHO SHOULD BE SCREENED?

- Born between 1945 and 1975
- Any history of injection drug use (even one time)
- Anyone from endemic areas (Middle East & Asia)
- Contaminated blood or blood products or organ transplantation before 1992 in Canada
- High-risk sexual behavior

HOW TO GET SCREENED?

- 1 VISIT A VIRCAN CLINIC (BRING HEALTH CARD)**
Illustration of a doctor sitting at a table with a patient.
- 2 COMPLETE CONSENT AND QUESTIONNAIRE**
Illustration of a clipboard with a checklist and a red checkmark.
- 3 HEPATITIS C SCREENING BLOOD WORK - ORAL SWAB - FINGER PRICK**
Illustration of a test tube with red liquid and a hand with a finger being pricked.
- 4 RESULT AND CONSULTATION**
Illustration of a doctor sitting at a desk with a patient.

WHY IS IT IMPORTANT FOR ME TO KNOW?

- Hepatitis C may show no symptoms, yet cause serious health consequences
- Prevent transmission to other people
- Hepatitis C is a curable infection (over 95% cure rates with new therapies)
- Early treatment reduces the risk of liver scarring (cirrhosis), liver failure and cancer

HOW TO PREVENT HEPATITIS C?

- GET YOUR BLOOD TESTED**
Illustration of a test tube with red liquid.
- DO NOT SHARE RAZORS, TOOTHBRUSHES, NEEDLES OR SYRINGES**
Illustration of a razor, a toothbrush, and a syringe.
- USE CONDOMS**
Illustration of a condom.

References: 1. WHO. Guidelines for the screening, care and treatment of persons with hepatitis C infection. 2016; Available at: <http://www.who.int/mediacentre/factsheets/fs164/en/>. Accessed August 2016. 2. Public Health Agency of Canada. Report on Hepatitis B and C in Canada: 2013. 3. Public Health Agency of Canada. Hepatitis C: Get the facts. 2016; Available at: <http://www.phac-aspc.gc.ca/hepc/pubs/getfacts-informezvous/index-eng.php>. Accessed August 2016. 4. Remis RS. Modelling the incidence and prevalence of hepatitis C infection and its sequelae in Canada, 2007. Ottawa (ON): Public Health Agency of Canada; 2007.